



Forest Witch Magickal Monthly Newsletter

February 2012 Issue 54

Welcome to the fifty fourth edition of the Forest Witch Magickal Monthly. Thank you for signing up to receive magickal tips, personal and spiritual development articles, and updates on new products and specials.

A warm welcome to our newest members! Feel free to forward this to your friends and encourage them to join our community. For suggestions on topics you'd like to see in upcoming issues, please write to DianeWing@ForestWitch.com.

Put Forest Witch on your safe sender's list or address book to ensure you receive your Magical Monthly newsletter!

Quote of the month:

"The thieves who rob you are your own false beliefs. It is your belief in a thing not the thing itself that aids you. Because of your belief in external things you think power into them by transferring the power that you are to the external thing. Realize you yourself are the power you have mistakenly given to out conditions."
- **Neville**, *Your Faith is Your Fortune*

Magickal Tip:

"The selection of one's totem, an animal form, can be determined in response to the question, 'What animal would you like to be, and why?' A careful study of the answer can reveal a great deal about your preferred self-image. As you adopt the animal's point of view, you learn lessons of life called to you in response to your unconscious needs."

- **Culling & Weschcke**, *The Complete Magick Curriculum of the Secret Order G.B.G.*

Magickal Events for February:

February 2- Imbolc/Groundhog Day

February 4 - Intuitive Tarot Class & Psychic Self Defense, Cecil College, MD

February 7 - Full Moon in Leo 4:54 pm EST (Quickening Moon)

February 14 - Valentine's Day/Diane Wing Radio Interview about Power of Love

February 18 - Celtic Tree Month of Ash begins

February 19 - Sun enters Pisces

February 20 - New Moon in Pisces 5:35 pm EST/Presidents' Day

February 21 - Mardi Gras (Fat Tuesday)

February 22 - Ash Wednesday

February 25 - 3 Cecil College Classes

Gemstone of the Month: Rhodonite



Rhodonite promotes the energy of love. The stone aids in perceiving where one's talents lie. It is the stone of learning and development and will encourage one to expand of perfect one's skills for the good of all. Rhodonite is excellent support for weight loss, detoxification and purification of the physical body. It stimulates and strengthens the organs and glands allowing them to purify the body more effectively. It's good for ridding the body of gallstones or kidney stones and can support healing of the liver from disease or damage. Rhodonite is the stone of self-worth and aids in feeling sure about one's purpose. It can help one find a stronger sense of self and a clearer call toward one's spiritual path.

Excerpts from The Book of Stones by Simmons & Ahsian

This section of The Magickal Monthly is provided by Gina Struebel, a master wire artist, jewelry designer, teacher, and amateur rock hound. Gina knows how to match her clients' vibration to the right piece of jewelry. To get this month's featured gemstone, visit her website at http://www.twistedandbent.com/gemstone_of_the_month.html

"Thank you, thank you, Diane!!! You dug in deep today and it was at times uncomfortable, confusing, and frustrating...(to be completely honest)... however, I also recognize and value it as an intrinsic and necessary part of the process. It's kind of like a deep tissue massage, it makes whatever ails you hurt a little more but in the end you feel better. (No pain no gain!) The work we did today was HUGE and I think paramount for my ability to move forward professionally.... and on a very personal level as well, as I don't think you can accomplish one without the other. So thank you thank you again and looking forward to our session on Monday!!"

- Love, "Light" and Peace, Denise Kline, Rushland, PA
www.DeniseKlinePhotography.com



Release Your Inner Magick & Increase Your Energetic Awareness
Check out the Spring Semester schedule for Cecil College
and get registration information by
[Clicking HERE](#)



Private Students Welcome!

Contact Diane Wing at dianewing@forestwitch.com
to discuss your particular needs.

Weaving A Web of Peace - Sage

This new section shows you how to use various approaches to cleanse your mind, body, and homes to create a calming and peaceful state of mind and environment.

Many have used sage to effectively clear negative energy from themselves and their homes. This is also known as smudging. Sage can be burned or sprayed into the space or on the person to be cleanse mental, emotional, and physical negativity. When the smoke (or spray) is directed at the body, it serves to clear the auric (energetic) bodies of lower level, heavier energies, thus allowing the person to feel lighter and calmer. When the smoke (or spray) is used in a space, it clears the accumulation of negativity that can result from arguments, depression, anxiety, or a traumatic event that occurred there.

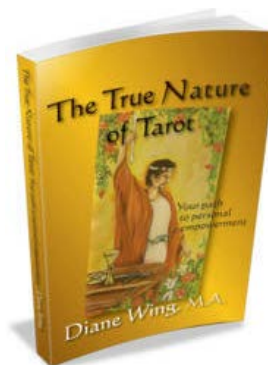
In addition to the sage itself, you can add prayer to ask for help in clearing the negativity. My process for clearing and the prayers that I use can be found in my article ["Instructions for Space Cleansing and Purification."](#)

I like to customize the sage with other herbs to get the desired effect. While the traditional uses are mentioned here, it's valuable to use these herbs in accordance with what your instincts tell you. The mixing of these herbs and their energies is a very personal choice, so have fun and experiment to get the blend that feels best to you.

Blue Sage - Cleansing

White Sage - Protection

Read excerpts and reviews by clicking [here](#). Both are available on Amazon Kindle! Click links below to grab your copy!



Cover by Diane Wing

<http://tiny.cc/mpimf>

<http://tiny.cc/u7Ioa>

Arachne's Alchemy: This section of the newsletter is dedicated to transformation. Your questions are always welcome and can be emailed to me at arachne@forestwitch.com to get a direct reply.

Planetary energies are transformative. This is a 10-part series regarding the transformative nature of the planetary energies held within the natal (birth) chart. Each planet and where it sits in the sign and house on the chart gives guidance as to the strengths and challenges you face in this lifetime. There are many ways to interpret these energies, and this section will focus on the way in which these planets promote mental, emotional, spiritual, and behavioral transformations.

The energies of **Venus** are calling me this month with Valentine's Day on the horizon. According to *Astrology, Karma & Transformation* by Stephen Arroyo, **Venus** promotes transformation of one's emotional values and mode of expressing and understanding one's need for closeness.

Your emotional values pertain to both how you feel about yourself and the type of person you bring into your life. For some, it is important to simply have someone, anyone in their life. Many choose relationships with questionable partners who do not show respect or honest caring toward them. When asked why they tolerate unacceptable behavior, the answer usually boils down to the idea that having any relationship is better than having none at all. The fear of being alone or being abandoned prevents the individual from releasing themselves from a detrimental relationship. What does this say about self-worth?

As humans, we seek companionship and intimacy. Important components in this equation include trust and feeling emotionally and physically safe with your partner. Knowing who you are and what you need in a relationship helps in finding your ideal mate and cultivating a healthy relationship. It is essential to understand who the other person is as well. Going into a relationship expecting the person to change is a recipe for frustration.

I've seen extreme reactions in response to love. Some respond with elation and see the whole world as a beautiful place. Others respond with jealousy, possessiveness, and the need to control. Take stock of the quality of your relationships and the way you behave in them. Do you see a pattern of difficult relationships; each showing the same symptoms as the last? Are you afraid of being abandoned, so you become controlling and nagging to keep that person from leaving? The result of this approach is usually that the relationship ends because it's too confining and there is no trust. Do you feel vulnerable and lack self-confidence, and so tend to require constant attention and reassurance? If you answered yes, it's time to transform how you approach love.

A relationship can be transformational when you have the right person in your life, because it allows you to be yourself and express the love you feel in your heart. A healthy relationship can help heal old wounds and allow you to feel safe even when you are most vulnerable. On the other hand, an unhealthy relationship is filled with frustration, questioning, difficulty, and heartbreak. This type of relationship is transformational when you come to the conclusion that it is time to let it go or that you're ready to look at love differently. You are most ready to enter into a healthy relationship when you are unafraid to live life alone and to set boundaries and the expectation of being treated with love and respect.

It is better to be alone than to be in the wrong relationship. Cultivate a healthy relationship with yourself and then you can choose whether it is time to welcome the right partner or live happily ever after as an independent being. Either way, you will ultimately be expressing your true emotional values. Love yourself and you'll be ready to accept positive,

Lavender - Calming

Copal - Exorcism

Cedar - Purification & Banishing

Sweetgrass - Infuse positive energy

Myrrh - Blessings

Rosemary - Banish nightmares & hostile spirits

Happy cleansing!

transformative love.

To begin your personal journey of discovery and find out how the energies of Venus impact your chart, please [contact me](#) to schedule a private session.

- To your success, Diane Wing a.k.a. Arachne

Forest Witch Commentary: Are you really ready for a change?

Have you found yourself saying, "I know things need to be different, and I don't know what to do to start making changes" or "I need a new direction," but then place restrictions on how you approach the needed changes? It's not the best way to approach change.

I've seen people begin their search with a predetermined notion that is consistent with how things have always been. They search for the method or person that allows them to maintain their current view of themselves and their lives. When they hit upon something or someone that forces them to think differently, the approach is rejected.

Significant change requires nothing less than moving out of your comfort zone, challenging your beliefs, and the courage to make the necessary changes. If you read that last sentence and feel a tightness in your stomach and feel afraid at the thought of dumping all preconceptions about yourself and your life, then the question you really need to be asking is "Am I really ready to make the necessary changes that will make my life different?"

Here's the truth: making significant changes in your life is challenging, requiring commitment, honesty with yourself, and pushing yourself beyond your current thought process. When you are forced to consider a new perspective and have a big reaction to it - emotionally, physically, or mentally - it requires further examination.

When we are young, the changes happen faster and closer together. We make progress with lots of small victories and learn about ourselves along the way. As we approach 40 years old, the tendency to stay in our comfort zone increases, and while the learning continues, the changes are fewer and farther between. Experiencing life altering circumstances such as a death or divorce can move us forward or forces us to back, depending on our reaction to the situation. No matter what, it helps us learn more about ourselves.

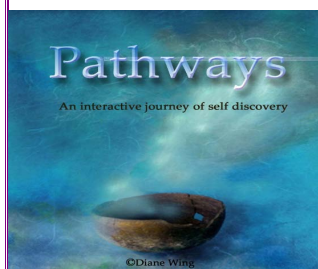
With each piece of self-knowledge that is collected, you move up a notch in your development. Each shift puts you in a different mindset and a new level of understanding, ultimately requiring new strategies and a bigger push to get to the next level. The farther along you are on the path to self-awareness, the bigger the chasm between where you are and where you're trying to get. The time on the plateau creates complacency. It's easy to feel like you've done the work and you're where you should be, yet the Great Work of the self is never complete and affords us opportunities to continue to grow.

If you feel you've done the work and already know yourself, monitor the questions you ask and the goals you set. Take note of when you look for the things that support your current view of yourself. Seek to move beyond where you've been. Read and listen to alternate perspectives, whether or not you agree with them, simply to expand your viewpoint. Change is imminent when you are uncomfortable and when nothing seems to work in your favor. When the shift occurs, it is a relief, the weight is lifted, and you can see more clearly.

So, are you ready to make a change?

©Diane Wing

If you'd like to get a jump on shifting the energies in your life, contact Diane Wing to schedule a private session.



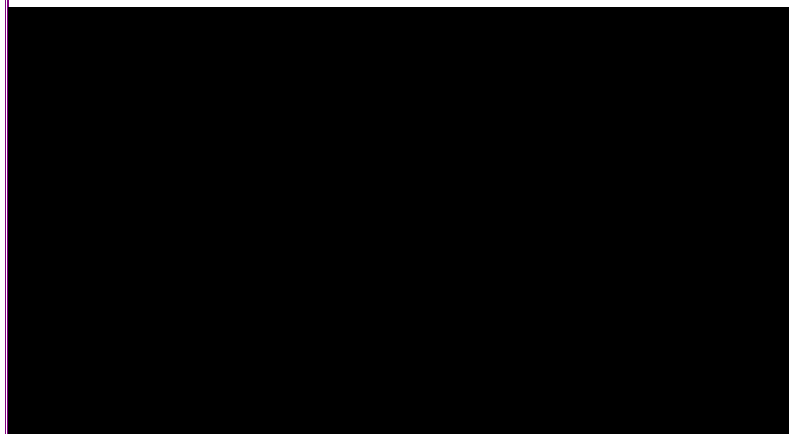
How to Formulate Your Questions in Pathways

Pathways - An Interactive Journey of Self-Discovery
<http://www.forestwitch.com/new/Pathways.php>

One of the best things about Pathways is that you have control over your reading by choosing your spread and your cards. Before you can do that, it is important to formulate your question so that you can pick the appropriate spread and also so you can focus your attention on the question while choosing your cards.

Ask an open-ended question, that is one that cannot be answered with a yes or no response. For example, you can begin your question with phrases such as "How do I..." - "Give me a message about..." - "What are the energies around..." - "Tell me about my relationship/work/situation."

These types of questions will provide you with the most accurate information and allow you to clearly interpret the message.



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See what others have to say about working with Diane by [clicking here](#).

If you're ready to transform your life, evolve, and take purposeful action, contact me at dianewing@forestwitch.com to schedule a private session or explore <http://www.forestwitch.com/new/main.php> to find ways to release your Inner Magick. **Receive your copy of my new eBook "How to Release Your Inner Magick" when you register [here!](#)**

