Autumn is the Season of Change

Change is challenging regardless of the timing, yet when the decision is made to make significant changes, it helps to have the energetic support of the transformational season of autumn. As the trees turn color and the days become shorter, so too can we tap into this time of magickal shifting and begin the changes that prepare us for the winter ahead.

Many people have a list of changes they want to make, attempt to do so by attending classes or participating in programs, and they feel good for a week or two afterward. The change does not last if there is no practice, will, or persistence. It’s easier to fall back into the old routine or even to decide that maybe that particular change is no longer as important as originally thought.

The truth is that lasting change can occur. There are two conditions that must be met to succeed: 1) Making the decision that it is indeed time to make the desired change and 2) Going deep to the core of the issue and shifting at that level. Once these occur, the ripple they create shifts many undesirable ways of being and improves your life in unexpected ways. It may improve your sleep or enable you to see your path more clearly. It may alleviate depression and anxiety so you can get off the meds. The world looks different when you make necessary changes. It also gives a boost of confidence to know you have set your mind to something and achieved it. - DW

Get Off the Plateau!

Energetic consciousness is a way of having continuous deep insights and a more objective perspective to understand yourself, others, and situations. This approach invites those who have reached a plateau in their development and wish to cross into the next phase of their growth.

It combines intuition with perspective change in order to recognize vibrational level and to identify what needs to shift.

Becoming adept at energetic consciousness helps you be true to yourself despite opposition from external sources. You are encouraged to become aware of your strengths and weaknesses, accept yourself as you currently are, and overcome those characteristics you identify as undesirable. You are made aware that you have the ability to overcome barriers, to protect against unwanted energies, and to take responsibility for everything in your life. As a result, you become an independent, dynamic individual who is resilient in the face of internal and external changes.

To your energetic health,

Diane Wing
Gemstone of the Month — White Phantom Quartz

A phantom quartz crystal is one in which a smaller ‘ghostlike’ crystal can be seen encompassed within the larger crystal. Phantoms are formed when the growth of a crystal has been interrupted and then begins to grow again. The phantom image is a result of a mineral deposit during this cycle. Quartz Phantoms are symbolic of universal awareness and the many phases of the cycle of life. Phantoms are believed to bring great healing to the Earth by helping to assimilate the past.

They are excellent awareness tools on all levels. You can use Phantoms to facilitate inner growth, and when in need of help in understanding and resolving past issues in your life. Meditating with Phantoms can help one uncover hidden information and repressed memories and bring them to the surface for final resolution and release. They can help you recover repressed memories in order to put the past into perspective.

Psychically, phantoms are considered excellent for past life work and meditation and is valuable for the mystic or spiritual seeker. Physically, crystal healing and folk lore say that phantom crystals are excellent for initiating healing, bringing great energy to the healing process, and are said to be especially helpful for hearing disorders and emotional healing.

Magickal Tip — Names Carry Power

Each of us have a name given to us by our parents. We may also have a name we have given ourselves, such as a magickal name. Your friends may have given you a nickname that reflects your nature, a particular tendency, or physical trait. Each of these carries power in the way others perceive you and the way you perceive yourself.

Additionally, your perspective determines the label you give to others and vice versa, the label you give something or someone affects the way you perceive it. If you look at someone and think of him as someone who never had the benefit of learning effective communication skills and is quite possibly struggling with low self-esteem, then you are likely to treat him with patience, compassion, and understanding. At the same time, the way other people may be labeling you affects their view of who you are and ultimately treat you accordingly.

The Sacred Grove—One Size Does Not Fit All

When it comes to solutions for all ails you mentally, physically, emotionally, or spiritually, one size does not fit all. I’ve seen people selling methods, systems, techniques, bobbles, trips to other dimensions, and belief blueprints, yet have not witnessed any profound changes as a result of using them. This is where understanding your uniqueness is critical to succeeding in accomplishing your goals.

Knowing yourself is the first step to any type of profound insight about your situation and to understand the role you play and what your responsibility is in finding the remedy. There is no way around doing the actual work necessary to clear yourself of old ways of believing, being, and seeing. There is no magic bullet, no miracle cure, no one-step program that will give you relief. The recipe for transformation includes taking a bit of this approach and a bit of that approach and combining them while adding your own special ingredients to the mix—your unique gifts, purpose, and perspective. You can use tools like Tarot, Pathways, Insight Stones, Astrology, and others to uncover fresh perspectives so you can see more objectively. Try on these insights and see what feels right to you, and then make decisions that are just right for you. - Diane Wing
Private Students Welcome!
Contact me
If you prefer to go deeper into the material and see how the knowledge personally applies to you, private classes are a great option. Together we will develop your unique style of intuition and apply the course material in ways that speak to your particular goals and lifestyle.

See detailed course descriptions by clicking here.

Fall Semester of Wing Academy classes at Cecil College starts September 7th! Full schedule here!

Sept 7 – 10 am – 12 pm – Intuitive Tarot Workshop
Sept 7– 12:30 pm – 2:30 pm – The Tarot Journey: Walking the path of the Major Arcana
Sept 14–28 (Saturdays) – 10 am – 2:30 pm – In-depth Tarot Level I
To register, call 410-287-1000

Quote of the Month—Your Energetic Fingerprint

People can feel the type of energy being projected from an individual, albeit on a subtle level. We have the ability to control the type of energy we create within and around us through our thoughts, intentions, and emotions. Strategies for recognizing and modifying the energy we create, as well as the energies we encounter, appear throughout my book, The True Nature of Energy: Transforming Anxiety into Tranquility.

Each of us has a different auric signature as unique as our fingerprints. It shows up in your personal energy field in various colors, textures, and sizes. The beliefs you hold, the things you think about, your physical health, and your emotional reactions are all reflected in your auric field. With so many possible combinations, no two are alike.

Take stock of the energy you generate and try to see the auric expression of it. Agitation may look like sharp spikes of gray energy; anger may look like a red cloud around your head, joy may be solid green and yellow beaming from your heart. Use your mind’s eye to see what you are generating. Does it feel good? Do you like the way it looks? Make adjustments to create a healthy and beautiful auric expression of yourself. - Diane Wing

“Every aura has its own frequency, its own fingerprint. No two are ever exactly alike.”
- Nature-Speak, Ted Andrews

Bring Peace Into Your Life—Create a Sacred Space

With the hustle and bustle of everyday life, it is important to have a special place to retreat, a quiet place with clear energy. I recommend selecting a place that is protected from the elements so that you can use it regardless of the weather. It can be as big or as small as you like or as your circumstances dictate. The size of the space isn’t as important as the type of energy you create there. The goal is to feel an instant sense of peace, safety, and serenity upon entering.

The walls or other type of boundary outlining the space is one layer; the energetic boundary you draw is the next. You can cast a traditional magick circle, or you can sit in the middle of the space and beam out white light from within yourself and out to each natural boundary. Fill the space with your intention of tranquility and harmony. Select an incense or aromatherapy fragrance that makes you feel light and peaceful. Use this exclusively in the space as long as it has a calming effect.

Engage only in tranquil activities while in the space—read, meditate, embroider, draw—whatever helps you decompress and center. If possible, maintain this space for yourself; do not allow others to enter your sacred space. Keep the energy there purely yours. If this is not possible, you can cast the energy each time, say in a bedroom or large closet (if you don’t mind your clothes smelling like incense). - Diane Wing
Magickal Events for September:

September 2 — Labor Day
September 2 — Celtic Tree Month of Vine
September 5 — Rosh Hashanah
September 5 — New Moon in Virgo 7:36 am EDT
September 7 — Intuitive Tarot & The Tarot Journey at Cecil
September 14—28 — In-depth Tarot at Cecil
September 14 — Yom Kippur
September 18 — Sukkot begins
September 19 — Full Moon (Harvest Moon) 7:13 am (void of course)
September 21 — UN International Day of Peace
September 22 — Mabon/Autumnal Equinox
September 22 — Sun enters Libra 4:44 pm EDT
September 22 — Basic Astrology in Huntingdon Valley, PA
September 25 — Sukkot ends
September 30 — Celtic Tree Month of Ivy begins

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Trees of Transformation

Each month we’ll look at the transformation connected to specific tree meanings. Collect them to begin building your own sacred grove of transformation.

Vine for Prophecy, Fulfillment, Progress, & Expansion

Viney plants come in a wide variety, both flowering and fruit-bearing, such as grape, pumpkin, morning glory, and clematis. Most vines produce a profusion of beautiful flowers and bountiful, healthful fruits. In this way, they are symbolic of fertility.

Its ability to produce growth beyond its initial appearance gives it the keyword, prophecy, meaning that it is symbolic of things to come. It can be an invasive plant, hence the idea of expansion, not adhering to boundaries, and growing beyond the constraints of the environment.

Vine is flexible; it grows on anything. While other plants are stationary and limited to a specific location, vine extends itself beyond the original planting site. It can grow up and over archways, trellises, wrapping itself securely around whatever it encounters. This ability can be associated with progress, fertility, and prosperity with its abundant presence.

At the same time, Vine’s ability to invade into almost any environment and take over the plant or structure it grows on shows its darker side, able to strangle, maim, and destroy its host. It can overtake other plants to its own expansion. When adding Vine to your personal sacred grove, be aware of how your ambitions or desires for growth and prosperity may be encroaching upon the people and/or resources around you.

On the brighter side of Vine, using this energy can help you maintain flexibility as you look for new opportunities in your environment. Using it in this way puts you on the path of abundance and manifesting your desires in a productive and healthy way.

Call in Vine when you are ready to extend yourself beyond perceived limitations and venture past the boundaries you have created for yourself. View obstacles as an opportunity to adapt to the circumstances and thrive in the face of challenges. - DW

Listen to Wing Academy Radio on dianewing.srbroadcasting.com.

To appear on the show, contact DianeWing@ForestMagick.com
Diane, I just wanted to Thank you for your beautifully written and very informative monthly newsletters. They are always just where I am at and perfect to what I am feeling and thinking. :-)

- Kristel

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- Gina Struebel, Owner, GS Designs
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