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August, 2010 Issue 36

Welcome to the thirty sixth edition of the Forest Witch Magickal Monthly. Thank you for signing up to receive magical tips, personal and spiritual development articles, and updates on new products and specials. A warm welcome to our newest members! Feel free to forward this to your friends and encourage them to join the mailing list. For suggestions on topics you'd like to see in upcoming issues, please write to DianeWing@forestwitch.com.

Put Forest Witch on your safe sender's list or address book to ensure you receive your magical monthly newsletter!

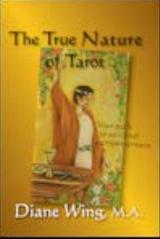
Join my community and get instant access to my eCourse "The Role of Magick in Modern Society"

Quote of the month:
 "We are not in a position in which we have nothing to work with. We already have a start; we already have capacities, talents, direction, missions, callings. The job is, if we are willing to take it seriously, to help ourselves to be more perfectly what we are, to be more full, more actualising, more realising, in fact, what we are in potentiality."
 - Abraham Maslow

Magical Tip:
 "Every element [Earth, Air, Fire, Water] has two polarities, namely active and passive or plus and minus. The plus is always constructive, creative and procreative, whereas the minus is decomposing and destructive. When we speak of an element, we must always speak of two fundamental attributes."
 - Franz Bardon, *Initiation Into Hermetics*

Magical Events for August:

Gemstone of the Month: Peridot
 Peridot (pronounced both as rhyming with "dot" and "doe" - hear it pronounced on

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| <p>First Name</p> <p>Last Name</p> <p>Email*</p> <p>Subscribe</p> <p>Unsubscribe</p> | <p>August 1 - Lammás/Lughnasadh</p> <p>August 4 - FREE Nutrition Teleseminar w/Mary Kemp, 10 am</p> <p>August 5 - Celtic Tree Month of Hazel begins</p> <p>August 6 - Intuitive Tarot Reading Workshop w/Diane Wing</p> <p>August 9 - New Moon in Leo</p> <p>August 9 - Wellness 101 teleclass w/Mary Kemp, 10 am</p> <p>August 11 - Ramadan begins</p> <p>August 17 - Book Launch Party, Village Tavern, North Wales, PA</p> <p>August 23 - Sun enters Virgo</p> <p>August 24 - Full moon (Corn Moon)</p> <p>August 21 - Book Signing, Emporium of Curious Goods, Jim Thorpe, PA</p> <p>August 27-29 - Psychic Retreat at Ramblewood, Darlington, MD</p> | <p>http://www.merriam-webster.com/dictionary/peredot) is August's birthstone.</p> <p>This is an incredibly positive stone, said to bring prosperity, warmth, and well-being. Its energy impresses the auric field with uplifting vibrational patterns that help dispel anger, elevate a sense of self-worth, joy, and health. These manifest externally as wealth and abundance in many forms.</p> <p>Peridot assists the wearer in removing blocks to receiving and lightens the heart. It can be used to bless and energize one's work and helps align your external reality with your inner truth. It's calming effects promote healing and restful sleep.</p> <p>The True Nature of Tarot is getting rave reviews on Amazon.com! Grab your copy today!</p>  |
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The classes you want from the comfort of your own home!

Custom designed courses to suit your interests

Private lessons in Tarot, Reiki, Witchcraft, and Occult Philosophy

Mary Kemp's classes on wellness and nutrition will get you on the path to feeling amazing every day. Her insights and knowledge will take you beyond your current understanding of what it means to achieve and maintain a healthy mind, body, and spirit.

Nutritional Breakthrough! FREE 30-minute teleclass
Aug. 4, 2010 10:00 10:30 am

Food is powerful medicine. Almost every medical condition is either caused by or affected by what we eat and can be improved by good nutrition. The government recommends we eat 9 13 servings of raw, colorful fruits and vegetables every day for optimal health.

Unfortunately, most of us dont, wont or cant eat this way. Learn about a simple solution called Juice Plus+ that has made a difference for many. In this class, you will ...

Forest Witch Commentary: Adjusting

Whether at social or business events, I find that more and more people are taking stock of where they are now and the changes that need to be made for them to move forward in the most fulfilling way. Those who have awareness of the path they need to take often find it difficult to take the steps necessary to fully embrace the life they envision for themselves. Those who are on the path of their true calling find it necessary to constantly make changes and modify their approach to manifesting the life they want.

The key to making changes of any kind is the willingness to adjust your thinking and your actions in accordance with what you want. Simply asking for it, praying for it, or envisioning it, are not enough. You must take definitive action toward the vision. Remove any time wasting activities that do not take you toward your ultimate destination. Reject relationships or circumstances that are unhealthy for you and that create energy drains.

No matter where you are on the path, maintain a dynamic mindset, for as you step from one level to another, pass through one cycle to another, adjustments need to be made. With each new experience, you gain understanding. This leads to an adjustment in the way you think about yourself and your future and creates new opportunities to fulfill your dreams. It may spark an idea you never could have had before then or may allow you to see a path that was previously unavailable to you.

With each shift, with each new experience, your view of the world may change only slightly or may change in a profound way. In all cases, you are never the same as you were before, and so adjusting to the new way of thinking and being requires reconsidering your goals and modifying the actions you take. In this way, you align yourself with yourself and redirect your efforts to bring forth the new potential.

Stay cognizant of how experiences, relationships, and knowledge assist you in growing and allow

- **Understand who whole food nutrition reduces oxidative stress and free radical damage.**
- **Learn how this company has managed to put the essence of 17 raw nutrient dense fruits and vegetables into capsules.**
- **Examine some of the clinical research findings on Juiceplus that have been reported around the world at major universities.**

Registration is quick and easy! Sign-up today at

<http://www.forestwitch.com/new/DailyOmClasses.php>



WELLNESS 101: BODY, MIND AND SPIRIT

Aug. 9, 2010 10:00 11:00 am

Wellness is a journey into self-care. Learn the basics of a wellness lifestyle. You will leave this class focused on what you really want to create in your life.

Our healthcare system is broken and often ineffective and wasteful in managing medical costs. Though we as a nation spend \$2.5 trillion each year on healthcare - the main focus is the diagnosis and treatment of disease which is really SICK-CARE.

Wellness focuses on self-responsibility and teaching skills for preventing disease and promoting better health. Prevention costs less and saves lives. This course will give you skills for investing in your wellness.

You'll learn:

- **Where you are on the health continuum and how to change the direction of your life.**
- **Ways to identify which components of wellness are challenged and which are your strengths.**
- **How to see yourself as a whole person made up of a body, mind and spirit.**
- **Receive an Owners Manual as a starting point for making meaningful changes.**
- **6 simple strategies for creating optimal physical health.**
- **How to begin activating a powerful mind-body connection in your life.**

Registration is quick and easy! Sign-up today at

<http://www.forestwitch.com/new/DailyOmClasses.php>



Intuitive Tarot Reading Workshop with Diane Wing - \$45

Friday, August 6, 2010 7:30 pm Havre de Grace, MD

Are you looking for a way to develop your intuitive abilities but don't know where to start? This 2-hour course will teach you to use tarot cards to tap into your natural intuitive abilities.

the changes necessary to accommodate your new form. Use journaling, divination tools, and meditation to tap into the deeper meanings of your life. Seek out your reflection in those around you and gaze objectively at the results your energy creates in your life. See how your outer world begins to take the shape of your transition - you may change your home's decor, wear different clothing than you usually do, purge items that no longer feel part of your heightened sense of self.

It's a marvelous thing when we see ourselves growing and changing and take the steps necessary to support that development, embracing that which is our true self, our true calling, and going forth in a centered, grounded manner that fosters additional awareness and understanding.

- Diane Wing, 2010

Focus your power and control your destiny!

- A private reading gives you insight into yourself, your ideal vocation or mission in life, and provides a sense of the energetic shifts inherent in the changes you choose to make. Imagine having the information you need to recognize the gifts that are inside of you waiting to be expressed.

After a reading with Diane, I feel so much better! The insight that Diane shares allows me to move from a position of confusion and concern to peaceful understanding and awareness. Diane explains the reading in a way that really resonates with how I feel. Each reading adds clarity and definition around my life experiences. I feel as though I learn lessons through the readings and I can take action to better control my destiny as a result. - Lisa M., West Chester, PA

dianewing@ForestWitch.com

Cosmic Escapes - Deadline for deposits looming!

So many people are telling me that they just want to get away, that they need a change, an escape from everyday life. These cruises will take you to energizing locations in the Eastern and Western Caribbean and give you an opportunity to meet others in the Forest Witch community.

When you make your deposit for the Exotic Western Caribbean cruise (Mayan ruins - **deposit due August 20th**) or the Eastern Caribbean (sun and fun - **deposit due August 5th**), you'll be reserving your spot within our group, not just the ship in general.

On the days we're at sea, we'll be together talking about ways to use metaphysical means to determine your true calling, clear blocks to manifesting what you want in your life, and developing your intuitive awareness. On the days we're in port, we'll explore beautiful, exotic places that will recharge your spirit and feed your sense of mystery.

You can see prices and itineraries [HERE](#). Kathy McConnell is your link to a change from the ordinary. kathymacstravel@gmail.com

Retailer Spotlight

There are so many cool metaphysical shops around the country. They serve a

In the first hour, you'll learn the basic structure of tarot, color meanings, the suits, the court cards, and card layouts. The interactive portion of the workshop comes in the second hour, when students will pair up to practice seeing messages in the cards, feeling their energy, and making connections between them. Bring your favorite tarot deck and notebook to class with you! No prior experience necessary.

*You'll also have the opportunity to purchase a signed copy of Diane's new book *The True Nature of Tarot: Your path to personal empowerment**

**To register, email [Pattie Hawse at hawsejourneywithin@yahoo.com](mailto:hawsejourneywithin@yahoo.com)
or call her at
410-446-2569**

higher purpose than to simply provide a selection of fine retail products and metaphysical books and accessories. They are an important part of the spiritual community. Each shop has its own energy. The owners incorporate so much of themselves into the environment, that each shop has a unique personality. Visit them to experience each one and see the cool items they stock.

To find out if there is a store in your area that carries Diane Wing's books and Insight Stones, check out the [new retailer page](#) on Forest Witch.com. Some shop owners/managers have been interviewed about the nature of their store, and you can listen to the mp3 recording located under their shop listing.

If you'd like a store near you to carry Forest Witch products, please send us a note with the name of the shop, location, and web or email address, so we can contact them. Your endorsement for the carriage of our products to the shop owner/manager is also appreciated!

**August Spotlight - Wing Academy of Unfoldment faculty member, Mary Kemp
Teaching Wellness Classes on August 4th & 9th**



Education:

Bachelors Degree in [Physical Education](#) from University of Washington - Seattle

Masters Degree in [Health](#) from University of MD - College Park

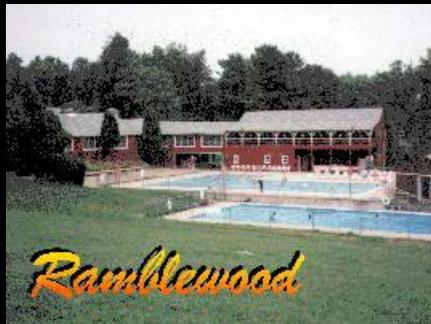
Featured Escape: Retreat -

**The Gathering at Ramblewood
2564 Silver Road, Darlington, MD**

Friday - Sunday August 27th - 29th, 2010

Featured Escape: Women's Retreat -

Circle of Trees October 1-3, 2010 130 Craft Lane, Milford, PA



A 3 Day/2 Night Retreat For Psychics and Healers And Those On The Path (and we are all on the path). This weekend is especially helpful as a "fast-track" for the newly "awake." Only \$260 for lodging and all meals included - and LEOTHA's Shamanic Journey.

Diane Wing will be conducting a 2-hour workshop on Holistic Business. She'll share business success must-do's, along with ways to align your spiritual mission with your business.

To register, email Pattie Hawse at hawsejourneywithin@yahoo.com or call her at 410-446-2569



Circle of Trees is a beautiful 1400 acre mountain retreat with breathtaking lake. We will offer workshops of many varieties, yoga, hiking, exercise, diet, massage, henna, writing, drumming, nature based crafts, soap making, jewelry making, holistic health, studies and lectures on different religions and women's issues. This retreat is for women.

Space is limited, so reserve your spot now!

Diane Wing will be leading an intuitive tarot workshop, doing readings, and signing her new book "The True Nature of Tarot: Your Path to Personal Empowerment."

For reservations please contact Marjorie Forbes Spadoni 484-347-7489 or marjoriespadoni@circleoftreesretreat.com

www.circleoftreesretreat.com For more info on classes

<http://www.facebook.com/#!/group.php?gid=10150320927220001>

Arachne's Alchemy: This section of the newsletter is dedicated to transformation. Your questions are always welcome and can be emailed to me at DianeWing@forestwitch.com to get a direct reply. **Releasing the old is transformative.** We hold memories based on experiences, desires, fears, and dreams. Some memories are accurate and others are an automated mind message that fills in gaps between what we wanted the situation to be and the reality of what it truly was. As we grow and learn, we have the opportunity to re-examine what has transpired in our lives and how it served to shape us and our relationships with friends and family members. As the veil of disillusion is lifted, we are able to see clearly the actuality of our relationships and how they affect our lives. When the truth is revealed, it may be harsher than you'd like or it may be more pleasant. Either way, it allows us to transform what we thought we knew and to create a new self-image or mindset. We are not obligated to maintain delusional memories of relationships or any other experiences. You have permission to release the old, the outmoded, the inaccurate and to embrace that which allows you to expand beyond your old way of being. Don't allow yourself to be held firmly to a belief or a relationship when you know intuitively it is not healthy for you to do so. Seek that which transforms outmoded patterns into fresh perspectives. Blessings, Diane Wing a.k.a. Arachne

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