



Forest Witch Magickal Monthly Newsletter

July 2011 Issue 47

Welcome to the forty seventh edition of the Forest Witch Magickal Monthly. Thank you for signing up to receive magickal tips, personal and spiritual development articles, and updates on new products and specials.

A warm welcome to our newest members! Feel free to forward this to your friends and encourage them to join our community. For suggestions on topics you'd like to see in upcoming issues, please write to DianeWing@ForestWitch.com.

Put Forest Witch on your safe sender's list or address book to ensure you receive your Magical Monthly newsletter!

Quote of the month:

"Mastering others is strength; mastering yourself is true power."

- Lao Tzu, Tao Te Ching

Magical Tip:

"Mental or soul forces frittered away in a hundred different directions accomplish nothing, any more than the sun's rays do, but focus them by Scientific Concentration and we know how intensified is the power that is expressed thus."

- L.W. de Laurence, Master Key

Magickal Events for July:

July 1 - New Moon in Cancer - 4:54 am EDT

July 1 - Solar Eclipse in Cancer 4:38 am EDT

July 4 - Independence Day

July 8 - Celtic Tree Month of Holly begins

July 15 - Full Moon (Blessing Moon) 2:40 am - void of course

July 15 - Moon enters Aquarius 4:30 pm EDT

July 23 - Sun enters Leo

Gemstone of the Month:

Seraphinite

Seraphinite is a powerful stone for bringing all the elements of the nonphysical bodies into alignment. Wearing Seraphinite permeates the auric field with the vibrations of wholeness and well being; it's affects not only on the wearer, but also those who behold it. Seraphinite's energies are feminine in tone, and can help with a greater awareness of the Divine Feminine.

Seraphinite links to physical with the angelic levels of energy. It's a powerful stone for angelic and communication.

Seraphinite aids in releasing emotional energies that no

July 30 - New Moon in Leo 2:40 pm EDT

Diane,

"Thank you for all you have done for me. Your readings, honesty, integrity and love has opened up so many avenues for me! I am in such a wonderful place in my life thanks to your guidance, inspiration and intuition. I cannot express my gratitude enough for everything you have done for me! I am the happiest I have ever been and look forward to my wonderful journey in life and all the great experiences I will share with you! It is a true blessing to have you as a part of my world!"

-Kiriaki , Las Vegas, NV



12 Classes coming to Cecil College in Elkton, MD starting in September. Check out the Fall Semester schedule and get registration information by [Clicking HERE](#)

Private Students Welcome!

Contact Diane Wing at dianewing@forestwitch.com to discuss your particular needs.

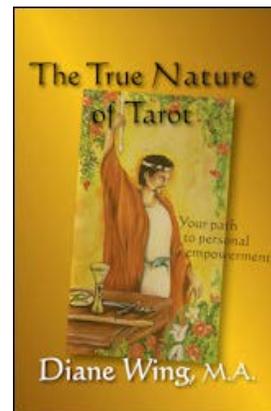


longer serve. It brings enlightening, joyful energy to the emotional body. It can act as a trigger causing old patterns of disease or imbalance to fall away and can be used to help regulate the growth and reproduction of all types of cancerous cells. It's excellent for general healing of systemic imbalance or disease. It's a blood strengthener and can aid cellular respiration and the delivery of nutrients to the cells.

Excerpts from *The Book of Stones* by Simmons & Ahsian

This section of The Magickal Monthly is provided by Gina Struebel, a master wire artist, jewelry designer, teacher, and amateur rock hound. Gina knows how to match her clients' vibration to the right piece of jewelry. To get this month's featured gemstone, visit her website at http://www.twistedandbent.com/gemstone_of_the_month.html

Read excerpts and reviews by clicking [here](#)



Coven by Diane Wing



Forest Witch Commentary: The Hardship of Maintaining a False Self

I was talking to a woman the other day who was feeling very anxious and depressed. She had backed herself into a corner.

"I can't keep it up anymore," she said, frowning and shaking her head.

"Keep what up?" I asked.

"Maintaining the image I've created. The way I want others to see me. They think I have major career success, lots of money, and that I have my act together. They think my life is perfect. The truth is, I have to work very hard to get what I have, I don't have as much money as they think I do, and it's not always easy. I need a break, but don't want anyone to know that!"

This poor woman had worked herself into a frenzy worrying about what others thought of her and that she couldn't live up to the persona she had created for herself. I know her to be a wonderful, caring person who takes care of everyone around her. Among her many gifts are the ability to take charge of a situation and to make everything run smoothly - both at work and in taking care of her family's needs. She is the go-to person. She works hard and tries her best to do the right thing for everyone concerned. Aren't those the qualities that would attract genuine, healthy relationships?

Part of the problem is that she ultimately neglects herself and her needs in the process. Everyone, at one point or another, needs a break! This is **not** a sign of weakness. The other issue is that it is very stressful to try to live up to the expectations of others rather than basing your life on your own personal standards.

There are many things to consider in this situation. First, her ideal self consisted of only external indicators of who she is. She had not felt her value and the gifts she brings to the world at a deep, inner level. Second, she no longer wanted to be thought of as her false image, but saw no way to shift perceptions to her true self. Third, she could not engage her true self because she had been projecting this other image trying to be someone else for so long, that she had no idea who she truly was. As a result, she was not able to release her Inner Magick.

When people like you for superficial reasons - you're successful, you have money, you can do certain things for them - these are most likely not true friendships. These are not the people who will be honest with you and like you for yourself...or who will be there for you when *you* need help. They are around you because of what they can get from you. The question then becomes, why stress over what they think anyway? The importance that she had placed on their opinions of her far exceeded their role in her life.

In order to make the shift and be comfortable coming into your true self, the first step is to decide that you're ready to shed false images and beliefs about yourself. Then, let go of the idea that your value is directly proportionate to what others think of you. Finally, get to know yourself and what makes you happy. Incorporate what you discover into your life in a way that allows you to envision an ideal life that is aligned with who you truly are.

When you live a life in accordance with your true self, it's amazing how much calmer and centered you'll feel. You're able to handle all of your obligations and responsibilities even better and will be stronger so you can take care of those who are really important to you. Those who do not resonate with your true self will gently fall away, and you'll realize that their absence does not really affect you.

If you're ready to create your ideal life, evolve, and be motivated to take purposeful action in a safe environment, contact me at dianewing@forestwitch.com to schedule a transformational session or go to <http://www.forestwitch.com/new/main.php> where you have access to tools, knowledge, guidance, and support that reconnect you with your Inner Magick; where you can safely move forward while letting go of that which holds you back. You have the magick within you. **Receive your copy of my new eBook "How to Release Your Inner Magick" when you register [here!](#)**

- ©Diane Wing, 2011

Arachne's Alchemy: This section of the newsletter is dedicated to transformation. Your questions are always welcome and can be emailed to me at arachne@forestwitch.com to get a direct reply. **Rejection is transformative.** Any time you reject a situation, outmoded belief, resentment, negative emotion, relationship, or pretty much anything that does not fit with your vision or what you want your life to look like, things change in miraculous ways. By doing this, there is a clearing of old energies so that they new can come into your life. This even works when you purge your belongings and rid yourself of things associated with a time in your life that is no longer pertinent to your growth. For example, if you've lost weight and still hold onto clothes that no longer fit you, get rid of them. Reject the doubt of being able to maintain your new weight and remove the safety net your old clothes provide. Make room for fresh ideas, behaviors, and situations that lead to your next level of development. There are times when being rejected can also transform us by drawing our attention to where we need to improve or changes we may need to make. Many times, being rejected by a certain organization or individual can be a blessing in disguise, as removing that energy from your life would not have happened otherwise. On a piece of paper, make a list of what you want in your life down one column and in the other, list all of the things that are currently in your life that are preventing you from reaching your goals. Then remove those things that no longer serve your vision. You'll find that you're able to manifest your ideal life much more quickly without those low-level vibrations weighing you down.

- To your happiness, Diane Wing a.k.a. Arachne