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Join my community and get instant access to my eCourse "The Role of Magick in Modern Society"



Welcome to the thirty ninth edition of the Forest Witch Magickal Monthly. Thank you for signing up to receive magkical tips, personal and spiritual development articles, and updates on new products and specials. A warm welcome to our newest members! Feel free to forward this to your friends and encourage them to join the mailing list. For suggestions on topics you'd like to see in upcoming issues, please write to DianeWing@ForestWitch.com.

Put Forest Witch on your safe sender's list or address book to ensure you receive your magical monthly newsletter!

Quote of the month:

"The ability to shift perspective, the capacity to view one's problems 'from different angles,' is nurtured by a *supple quality of mind*. The ultimate benefit of a supple mind is that it allows us to embrace all of life -- to be fully alive and human."

- His Holiness The Dalai Lama, *The Art of Happiness*

Magical Tip:

"...In Tibetan meditation, any thoughts that intrude should not be suppressed, but simply ignored (Tibetans would say 'let go'). Attempting to suppress a thought gives it power. Thoughts that are ignored during meditation simply fade away."

- J.H. Brennan, *Tibetan Magic and Mysticism*

Magical Events for November:

November 1 - All Saint's Day

November 2 - Election Day

November 6 - New Moon in Scorpio

November 6 & 7 - [Radiant Light Expo](#) - Spiritual Thanksgiving

November 10 - [Green Books Campaign](#)

Gemstone of the Month: Andalusite



Andalusite is cleansing, comforting, protective, and assists in retrieving ancient information. This is an ancient stone with a slow vibrational pattern that reflects the heartbeat of the Earth. It is associated with the Root (1st) and Third Eye (6th) chakras. It is a powerful stone for use by psychics and sensitives to provide psychic protection, grounding, and a sense of contentment and wellbeing.

Because the memory of these stones is extremely long, they are used in meditation to access the Akashic Records. It is an excellent stone to cleanse the aura. It grounds high

First Name

November 11 - Veterans Day

Last Name

November 22 - Full Moon in Gemini (Mourning Moon)

Email*

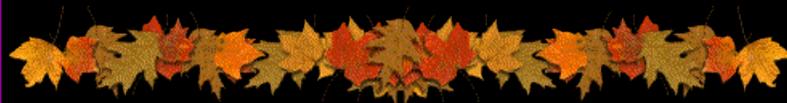
November 22 - Sun enters Sagittarius

Subscribe

November 25 - Thanksgiving Day

Unsubscribe

November 25 - Celtic Tree Month of Elder begins



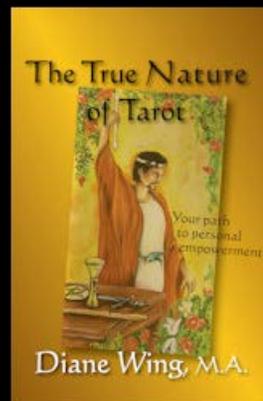
The Free eZine for Witches & Pagans!
Green Egg Magazine



frequencies into the physical and energetic bodies. It is a wonderful stone for healers, because it guards against energy drain and can heal energetic leaks and holes and assists the healing process.

Excerpts from *The Book of Stones* by Simmons & Ahsian

Read excerpts and reviews by clicking [here](#)



On The Road!

Discovering Your Life Purpose

November 7, 2010 Radiant Light Expo Reading, PA
12:30 pm (time subject to change)

Discovering your life purpose gives meaning to everything you do and allows you to fulfill your karmic destiny. In this 1 hour presentation, you'll learn ways to uncover your purpose, and how the divine expression of your purpose in high service to others fulfills karmic responsibilities. Diane will take you through an exercise that will result in your life purpose statement.



Custom Private Individual or Group Classes

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Forest Witch Commentary: Letting Go

You've heard it before - Just Let It Go...and everything will be okay. But what if you can't let it go? What if the anger and hatred toward a person or situation continues to mount?

I know several people struggling with this issue right now. They have been in relationships with family members or a romantic partner that turned out to be different than what they thought. A lover finds someone new; a family situation is unfair. Whether it's family or a lover, when things go bad, the sense of betrayal can be palpable. When you continue to focus on it, seethe over it, renew the anger day by day by playing the scenario over and over again in your mind, it does not do anything to remedy the way you're feeling.

In fact, it makes it worse. In extreme cases, holding onto the anger and betrayal leads to severe insomnia or even self-destructive behavior. It leads to the inability to perform at work and inhibits healthy relationships with others who have nothing to do with the relationship that's causing the problem.

The most immediate strategy is to stop playing the scenario over and over again in your mind, trying to find reasons why it happened. Wanting closure in the form of finding out why someone acts the way they do or treated you one way or another is understandable, but not always possible. This is a situation that is out of your control and is completely up to the other person or people to offer explanations that may or may not come, so let's remove this from the list of possible solutions.

These things happen for the same reason anything else in our lives happens: to teach us lessons we are here to learn. Remove the anger, the hatred, the guilt, the sadness - basically, get rid of the drama - and take a look at it from an objective viewpoint. What is

Held at your convenience by phone or at your location

Diane Wing has taught many private students. Private groups can schedule a 1-hour or 2-hour class on a topic of their choice.

"Dear Diane, You are an inspiration! I attended your lecture, "Removing Blocks To Manifestation" and I am beginning to practice the principles that can guide one toward a healthier way of thinking and feeling. Sharing your wisdom through personal experiences encourages people to bring balance to their wellness and healing. Also, your Psychic Self-Defense lecture offered insight to a healthier body and a healthier way of life. I look forward to hearing you speak again and thank you for empowering myself and others!"

Amy T., Pennsylvania

Contact Diane Wing at dianewing@forestwitch.com to discuss your particular needs.



Check it out!

[The 2010 Green Books Campaign](#)

Updates on the campaign



Featured Product: Handmade Books of Shadows

held within the situation that shows you an aspect of yourself that needs to be worked on?

For example, if a long-term romantic relationship goes bad and the other person rejects you for someone else, what lesson is here? Is it that they needed space? Is the situation reflecting the lesson of freedom versus control? Constantly saying to yourself that you did nothing wrong and that the situation is unfair is not going to help you see the lesson. Step back. What happened between you may not be right or wrong, but just may be that your energies were no longer aligned. Could it be time to find yourself outside of the context of another person?

So when you're fuming at someone who has hurt you, take a moment to ground yourself and ask the Universe, "What is the lesson I need to get from this experience?"

- Diane Wing, 2010



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Featured Expo: Radiant Light Center's Spiritual Thanksgiving



We all have been stocking our magickal libraries with books purchased from common bookstores. The classic beauty of a Book of Shadows in our Libraries will benefit every Witch and Wizard. While modern books are excellent and irreplaceable for magickal studies, the goal of these artisans is to reawaken the art of creating leather bound magickal books just like in the old times, which will be passed down from generation to generation.

While they create Grimoires that are concentrated on the specific magickal goal (ex. Love, Prosperity, Protection, etc.), they also carry the original Book of Shadows, which contains rituals, charges, magickal laws, and other information that will help you to practice your craft successfully.

For Witches and Wizards who want their Book of Shadows to be blank and start working from scratch, we have an amazing collection of leather bound hand-made Books for you to choose from. [Have a particular design in mind? Please send us details and we will make your dream Book come true!](#)

Show Me More

Arachne's Alchemy: This section of the newsletter is dedicated to transformation. Your questions are always welcome and can be emailed to me at DianeWing@forestwitch.com to get a direct reply. **Shopping online is transformative.** With the holiday season fast approaching, stress levels increase. The time spent on preparing for the holidays, shopping for gifts and food, cleaning and decorating the house to receive company, on top of your normal, daily responsibilities, tends to diminish the fun of the festivities themselves. To save yourself some time, shop online. You can buy gifts AND you can order groceries or catering to be delivered without having to leave the house. You'll save aggravation by avoiding the need to fight traffic and can wait for your orders to arrive (even gift wrapped, if you pay a little extra) while you're doing something else, like cleaning the house. Do your best to enjoy the holidays and minimize the frustration and pressure that can come along with it. You'll have a much better time than if you run yourself ragged and receive your guests exhausted and stressed. Be as kind to yourself as you plan to be toward others this holiday season. Blessings, Diane Wing a.k.a. Arachne

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